Heat Cat	Work/Rest (mii Water (Qt/hi	W ho Approves) Training M	Heat/Cold litigation For	ther Guidanc	e MOPP 4 Tng /ork/Rest (mi	Head	Work/Rest (mi Water (Qt/h	i M ho Approve ar) Training M	Heat/Cold litigation For	ther Guidano	MOPP 4 Tng Vork/Rest (mi
I (78-81.9	Easy: NL - Mod: NL - Hard: 40/20 -	1/2 3 0 mpany CDF 3⁄4	R N/A		< <u>50°F WBGT</u> NL	78-81.9	Easy: NL Mod: NL Hard: 40/20	Company CDl	R N/A		< <u>50°F WBGT</u> NL
II	Easy: NL - Mod: 50/10 - Hard: 30/30 -	1		ı	50-70°F WBGT	11 (82-84.9	Easy: NL Mod: 50/10 Hard: 30/30		R N/A		50-70°F WBG
III	Easy: NL - Mod: 40/20 - Hard: 30/30 -	3/4 Battalion CDF 1		<mark>Running:</mark> BN CDR must approve	Easy: NL 40/20	III	Easy: NL Mod: 40/20 Hard: 30/30		Give BN CDR info verbally	Running: BN CDR must approve	Easy: NL 40/20
	Easy: NL - Mod: 30/30 - Hard: 20/40 -	¾ Battalion CDF 1	Give BN CDR info verbally	Running: BN CDR must approve		185-87.9	Easy: NL Mod: 30/30 Hard: 20/40		Give BN CDR info verbally		
(88-89.9 V (90 & Up	Easy: 50/10 - Mod: 20/40 - Hard: 10/50 -	(∳ r 1 st O-6 in COC	into verbally	Running: BN CDR must approve	Mod: 30/25 Hard: No >78°F WBGT	(88-89.9 V (90 & Up	. <i>Hard</i> : 10/50	or 1st O-6 in COC Stop Tng until	form NIT COB)	BN CDR	Mod: 30/2 Hard: No >78°F WBGT
Monitor	BGT monitori ring: Hourly u Heat Cat tter Intake: 12	ntil Heat Cat l : 5 - every 15 j			Altr No Tng: Remove some MOPP clothing and to Train	Start W Monito	BGT monitor oring: Hourly u Heat Ca ater Intake: 1	ing: 78°F ıntil Heat Cat t 5 - every 15 2 quarts per d	I / Heat Cat I- minutes lay / 1 ½ qua	NL = no lim NC = no lim COC = chain our nrts per hour	it No Tng No Tng: Remove of MOPP cloth and to Train Water Intake: Add
When to	o Update Risk of tng prior to ing outdoors a	Assessment.	Precipitation	/Ice/Fog/Light	Water Intake: Add 10°F to WBGT chart to the left	When t	o Update Risk	Assessment.	Precipitation	/Ice/Fog/Ligh	10°F to WB
Heat	Work/Rest (mii Water (Qt/hi	Who Approves) Training M	Heat/Cold litigation For	ther Guidanc	e MOPP 4 Tng Vork/Rest (mi	Heat	Work/Rest (mi Water (Qt/h	i M ho Approve r) Training N	Heat/Cold litigation For	ther Guidano	MOPP 4 Tng Vork/Rest (mi
I	Easy: NL - Mod: NL - Hard: 40/20 -	½ ௸mpany CDF ¾	N/A		< <u>50∘F_WBGT</u> NL	78-81.9	Easy: NL Mod: NL Hard: 40/20	Company CDl	R N/A		< 50°F WBGT NL
II (82-84.9	Easy: NL - Mod: 50/10 - Hard: 30/30 -	i∕2 Gompany CDF 1	N/A		5 <mark>0-70°F WBG</mark> T	II (82-84.9	Easy: NL Mod: 50/10 Hard: 30/30		R N/A		50-70°F WBG
III	Easy: NL - Mod: 40/20 - Hard: 30/30 -	1	inio verbury	must approve	Easy: NL 46920	III (85-87.9	Easy: NL Mod: 40/20 Hard: 30/30	Battalion CDI	Give BN CDR info verbally	Running: BN CDR must approve	Easy: NL
IV	Easy: NL - Mod: 30/30 - Hard: 20/40 -	1	ŭ	must approve	720725F WBGT Easy: NL Mod: 30/25	IV (88-89.9	HUIU: 40/40	Battalion CDI		must approve	Fasy: NL Mod: 30/2
V	Easy: 50/10 - Mod: 20/40 - Hard: 10/50 -	(1r 1st O-6 in COC) 1Stop Tng until	info verbally (File hardcopy form NLT COB)	BN CDR must approve	Hard: No 78°F WBGT	V	Easy: 50/10 Mod: 20/40 Hard: 10/50	Brigade CDR Jor 1st O-6 in COC Stop Tng until Approval is given	Give BN CDR info verbally (File hardcopy form NLT COB)	Running: BN CDR must approve	Hard: No
Start W Monitor	BGT monitori ring: Hourly u Heat Cat tter Intake: 12	ng: 78°F ntil Heat Cat I 5 - every 15 i 2 quarts per d	I / Heat Cat I- minutes ay / 1 ½ qua	NL = no limi IV-Modry Modro COC = chain o rts per hounn	No Tng No Tng: Remove some MOPP clothing to Train Water Intake: Add	Start W Monito	BGT monitor oring: Hourly u Heat Ca	ing: 78°F ıntil Heat Cat t 5 - every 15 2 quarts per d	I / Heat Cat I- minutes	<i>NL</i> = no lim -IV- Mødry №9dre <i>COC</i> = chain o	No Tng of No Tng: Remove a MOPP cloth to Train
When to	o Update Risk	Assessment. Λ	Precipitation	/Ice/Fog/Light	10°F to WBGT chart to the left	When t		Assessment. o start after being in	Increase in F	leat Cat to III	chart to th

Cold	<i>N</i> ater (Qt/hi	Who Approves Training M	Heat/Cold litigation Form	PT G	uidance		Cold	Water (Qt	/hi	Who Approves Training M	Heat/Cold litigation Form	PT G	uidance
T	Easy: 1/	2		Wind Chi	l Restrict	ion	s T	Easy:	1/2			Wind Chi	l Restrict
(1 to 32°F	Mod: 3/	Company CDF	N/A	Above 20°	None		(1 to 32°F	Mod:	3/4	Company CDI	N/A	Above 20°	None
Wind Chill) II (-5 to 0°F Wind Chill)	Hard: 3/ Easy: 1/ Mod: 3/4 Hard: 3/4	Battalion CDF	Give BN CDR info verbally	11 to 20°F (BN CDR Approves Exceptions)	Indoors: Warm-up Exercises Cool-down Outdoors: Ru		Wind Chill II (-5 to 0°F Wind Chill	Hard: Easy: Mod: Hard:	3/4 3/4 3/4		Give BN CDR info verbally	11 to 20°F (BN CDR Approves Exceptions)	Indoors: Warm-up Exercises Cool-down Outdoors: Ru
111 (-10 to -6°1 Wind Chill)	Easy: ½ Mod: ¾ Hard: ¾	Battalion CDF	Give BN CDR info verbally	(BN CDR Approves Exceptions) Below -10 (No Exception		es	III (-10 to -6°I Wind Chill)	Easy: Mod: Hard:	1/ ₂ 3/4 3/4	Battalion CDI	Give BN CDR info verbally	(BN CDR Approves Exceptions) Below -10 (No Exception	
IV (Below -10° Wind Chill)	Easy: 1/2 Mod: 3/4 F Hard: 3/4	Tna Stons 1	nform BN CDR ng has Stopped (File hardcopy form NLT COB)	Authorized Range Contr Weather Cha	nnel or www.weathe	i-25	IV Below -10° Wind Chill	Easy: Mod: F Hard:	1/ ₂ 3/ ₄ 3/ ₄	All outside I	nform BN CDR ng has Stopped (File hardcopy form NLT COB)	Authorized Range Contr	ns must be fille d Wind Chill Re rol: unnel or www.weathe ion Recording:
Monitorii	ng: Hourly er Intake: 1		$Mod = moderat$ $lay / 1 \frac{1}{2} quar$	e Radio: Cable TV:	102.3 FM or 105 Channels 12	.3 FI	M Start Wir Monitori	ng: Hourl er Intake:	y		Mod = moderat day / 1 ½ quar	e Radio: Cable TV:	102.3 FM or 105 Channels 12
Cold	Water (Qt/hi	Who Approves Training M	Heat/Cold litigation Form	PT G	uidance		Cold	Water (Qt	/hi	Who Approved Training M	Heat/Cold litigation Form	PT G	uidance
Ť	Easy: 1/	2		Wind Chi	l Restrict	ion	s T	Easy:	1/2			Wind Chi	l Restrict
(1 to 32°F Wind Chill		Company CDF	N/A	Above 20°	TTORIC		(1 to 32°F Wind Chill)	Mod: Hard:	3/4 3/4	Company CDI	N/A	Above 20°	
(-5 to 0°F	Easy: ½ Mod: ¾ Hard: ¾	Battalion CDF	Give BN CDR info verbally	11 to 20°F (BN CDR Approves Exceptions)	Indoors: Warm-up Exercises Cool-down Outdoors: Ru	n	II (-5 to 0°F Wind Chill	Easy: Mod: Hard:	1/ ₂ 3/4	Battalion CDI	Give BN CDR info verbally	11 to 20°F (BN CDR Approves Exceptions)	Indoors: Warm-up Exercises Cool-down Outdoors: Ru
III (-10 to -6°I Wind Chill	Easy: 1/2 Mod: 3/2 Hard: 3/2	Battalion CDF	Give BN CDR info verbally	(BN CDR Approves Exceptions) Below -10 (No Exception	Indoors: All Activiti FIndoors: s) All Activiti		III	Easy: Mod: Hard:	1/ ₂ 3/4 3/4	Battalion CDI	Give BN CDR info verbally	(BN CDR Approves Exceptions) Below -10 (No Exception	
IV (Below -10° Wind Chill	Easy: ½ Mod: ¾ F Hard: ¾	All outside ^I Tng Stops ^T	nform BN CDR ng has Stopped (File hardcopy form NLT COB)	Authorized	s must be filled Wind Chill Re ol: one or www.weathe	i-25	It IV Below -10°	Easy: Mod: F Hard:	1/ ₂ 3/ ₄ 3/ ₄	All outside ^I Tng Stops ^T	nform BN CDR ng has Stopped (File hardcopy form NLT COB)	Authorized	ns must be fille d Wind Chill Re rol:
Start Win	na. Hourly	itoring: 40°F 2 quarts per d	Mod = moderat	Road Condit Radio: Cable TV:	ion Recording: 8 102.3 FM or 105 Channels 12	-414 .3 Fi	41 M Start Win			itoring: 40°F 2 quarts per o	Mod = moderat	Road Condit Radio: Cable TV:	ion Recording: 102.3 FM or 105 Channels 12